



Development Talk Consent/Permission Form

Welcome to a new opportunity to receive help and support for your development!

Although many believe that people are good by nature and will naturally find ways to grow and reach their potential, we have discovered over time that people are creatures of habit. We tend to do the same things over and over again while hoping for different results. Half the time we lack awareness, we are not asking the right questions, we don't ask for help, or we don't know how to take steps to overcome our developmental hurdles. **When we find someone to make time, ask the right questions, give support and encouragement, and help us get moving in the right direction, then we can start growing again.**

While many people spend a lot of time and money investing in sports, music lessons, recreation, and entertainment, your participation in Development Talks will position you to deepen and strengthen your relationships that are most important in your life. You can learn to engage yourself in life-changing conversations that can result in you developing emotional intelligence, social connectedness, spiritual vitality, mental health, holistic awareness, and an appreciation of who you are and what you were designed to do with your life.

Life is too short to stay stuck or just go through the motions. **Frequently it's the things inside us or between us that prevent us from growing together.** Learning to have healthy talks about one area of development may contribute to our learning how to grow in other areas of our lives. As you begin to develop, you may help those around you to grow. While many of the current medical problems can be traced back to the problem of loneliness and hopelessness, your involvement with Development Talks will likely lead you to feeling more connected and supported.

Glenn Sprunger is the Executive Director and Pastor of Spirit-Driven, a 501(c)3 nonprofit ministry committed to developing tools, people, and relationships. Glenn's tools and caring ways of helping people were developed through the process of listening to hearts of people and listening to what was missing and needed. Glenn has been engaged in people ministry for over thirty years and has a passion for being a catalyst to develop high-impact tools, people, and relationships.

We also recognize that talking about change may be uncomfortable, and not everyone is ready to remove and overcome obstacles to change. Engaging in Development Talks requires transparency and vulnerability. People who are emotionally and relationally guarded rarely seek out this kind of help. We have to be upfront and realize that Development Talks are not for everyone.

We also know that all families and people have secrets. And we will respect your boundaries as you choose where you would like help developing. It must be made clear as you decide, whether or not to engage in Development Talks, that your stories are sacred, but we must take action to ensure safety if you or someone else is at risk of harm. We will not negotiate away someone's safety.



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Commitment

Please know that participation in Development Talks will require a **commitment**, by your facilitator and by you, to being ready to work together each session. For this reason, if there are any problems with you being able to be at any of your scheduled Development Talks sessions, please call your facilitator and make the necessary arrangements to either cancel or reschedule your appointment.

Confidentiality

Please know that **confidentiality** is the foundation on which Development Talks is built. Our commitment to you is that any information that you share will only be known by your facilitator. The only exceptions to this rule will be if you threaten physical harm to yourself or someone else. Also, if you report abuse of an elderly person or of a child, we are, by law, required to report the abuse to the authorities immediately.

Responsibility

What you get out of Development Talks depends on how much you are willing to put into it. There might be times in which talking becomes uncomfortable. You might share thoughts, feelings, and experiences that you have never shared with anyone else. Please know that the more you engage in the process of Development Talks, the more you will get out of it. We believe that God had placed us here to be His faithful servants in speaking the truth in love. However, it is your responsibility to accept the help and make the necessary changes to make real differences in your life.

****We have intentionally designed Development Talks to become a safe place for people and relationships to connect, heal, and grow into their potential.** You will be encouraged to make a \$50-\$100 donation each time you participate in Development Talks.

Consent

After reading this form, I agree to proceed with Development Talks. I recognize that I can stop participating at any point.

Signature of Participant

Date

Signature of Guardian (if under 18)

Date

Signature of Facilitator

Date

"Eyes that see and ears that hear; both are gifts from the Lord." (Proverbs 20:12)